


# ON TV THIS WEEK

A photograph of a young couple, Clair and Woody, standing outdoors in front of green foliage. Clair is on the left, wearing a red sleeveless top. Woody is on the right, wearing a black t-shirt with a blue and white bullseye logo. The text 'Clair and Woody' is in the top right corner.

Clair and Woody

*Sex, Lies And Hypnosis,*  
five Monday

## Painful memories



In this new series, couples desperate to solve their relationship problems see what leading hypnotherapist Ursula James can do to help.

This week Ursula works with young couple Clair and Woody, whose arguments have been becoming so fierce that there seems to be no other option than for them to live apart. Over 12 weeks of intense hypnotherapy, Ursula digs deep into their subconscious minds and tries to unlock the deeply repressed memories that could explain their relationship difficulties.

The process is fascinating, but it's also a minefield — particularly for Woody, who has to try to understand why he has such an explosive temper and is forced to recall violent events from his past that he would rather keep buried.